

Community Chaplaincy listening

Community Chaplaincy Listening (CCL) is a service provided by NHS Grampian's Healthcare Chaplaincy Department. CCL Listeners are experienced and trained in active listening.

How does it work?

Whether you are a patient, carer or member of staff, it offers you space to talk about what troubles you, makes you anxious or upset.

It is confidential and non-judgemental. It may help you to reflect on your situation, change how you see things and help with coping strategies.

Religion and spirituality will not be spoken about, unless raised by you.

The appointment time allocated is 50 minutes.

CCL makes it possible for you to meet with a trained listener with whom you can share your story.

Your story, in your time, for your wellbeing...



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How can I access it?

Your GP, another healthcare professional or a member of the healthpoint/carerspoint staff may suggest you make an appointment or you can refer yourself.

CCL is available in a number of GP Practices and other sites. For the list of venues where CCL is available please visit:

www.nhsgrampian.org/commchaplist

CCL is also available at Aberdeen Community Health and Care Village. To make an appointment please speak to the main reception staff in the Health Village Square or telephone 01224 655555.

For general information about the service please contact the NHS Grampian Healthcare Chaplaincy Department on 01224 553316.

This publication is also available in large print and on computer disk. Other formats and languages can be supplied on request. Please call Equality and Diversity on 01224 551116 or 01224 552245 or email grampian@nhs.net

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